



## COUNSELING SERVICES PROGRAM

**Counseling Services Program is a Practical Community Action Service of Candlelighters International.**

The Candlelighters International Counseling Services Program (CI-CSP) is a Practical Community Action Service that seeks to increase the provision of affordable Biblical Counseling support to challenged individuals and families, with a view to contributing towards their improved health and general wellbeing. The program is focused on helping mentally challenged individuals to consider a healthy practical self-care lifestyle according to Biblical Precepts. The program operates in the preventive and rehabilitative paramedical care domains, focusing on accompanying people towards a self-help position where the individuals are capable of making the right choices; engaging in either the right personal development; the right spiritual development, or the right relationships.

**Restoring Stolen Past with God's Brighter Future**



## Why the Program?

With the increased secularization of the society, our institutions and our general way of living, the very tried-and-tested solutions offered by the Word of God and its related principles provided to humankind are relegated to the background. Much of what remains as available options for “Christian” counseling services is far from being biblically grounded. Though some are trying their best, such efforts are still very insignificant compared to the support and help that is needed in our local communities. For example, it is commonly known that about 60% of all ladies rescued from prostitution due to trafficking, usually end up returning to the streets of their own free will. Usually, this happens even after the offering of various “secular” therapeutic services. What if access to spiritual healing is considered?

In general, biblically grounded support shows better results. Also, our research has revealed that, in Switzerland for example, with the skyrocketing divorce rates year-after-year even amongst Christians, each couple before divorce had been through at least 3 different marriage counseling sessions. Yet the marriage ended up in a divorce. If we are to change the negative trends, there is a legitimate reason to evaluate how biblically grounded the current “Christian counseling” services really are. Without a solid biblically grounded foundation, no such “Christian counseling” services can restore people’s stolen past with God’s brighter future.

# Overall Objective

The overall objective of the Counseling Services Program (CSP) is to increase the adoption of Biblical Counseling in outpatient services in local communities, through the development, provision, and promotion of affordable Biblical Counseling support services to help families and their members involved in challenging situations.

## Specific Objectives

- **Awareness Raising:** Increase Biblical Counseling adoption and development appreciation and understanding among stakeholders; promoting the counseling approach as a vital contributor to the general wellbeing of individuals and families.
- **Increasing Knowledge and Skills:** Facilitate the generation and dissemination of Biblical Counseling Knowledge and skills, to ensure effective responses are provided to various stakeholder challenges.
- **Building Consensus:** Ensure amongst stakeholders the identification and prioritization of key actions vital in promoting the adoption and development of Biblical Counseling.
- **Supporting Actions:** Facilitate the creation of structures, systems, schemes, and services to enable various stakeholders in the direct delivery and management of Biblical Counseling related services.

Man is a “spiritual being.” The program is based on the Biblical perspective of how God sees man. The program considers that all life’s problems do deserve, at the very least spiritual attention and at the most a spiritual cure; whether ranging from depression to marital problems, to anxiety or to crises of faith.

## Our Approach

### Our Thematic Action Domains



Our approach is based on the understanding that the following is required:

- Intensive and extensive boosting of the existing actors
- Development of new services
- Training of new and additional counselors
- Establishment of a robust system for continuous safety and quality improvement
- Facilitation of stakeholder collaboration



# Our Integrated Stakeholder Outlook

Our partnerships are built around the understanding that adopting a Biblical Counseling Services approach will require an intensive and extensive engagement with a wide range of actors. As such, we seek to facilitate collaboration among these stakeholders.



## About Candlelighters International

Candlelighters International (CI) is a non-denominational Christian ministry having as its main function to equip people with the true understanding of the Christian faith and practice. CI operates as a Christian Resource Centre, which pays particular attention in the development of local Christian community ministries outside the four walls of the local church. We think globally and act locally. CI is neither a Church nor a denomination, but a fellowship of believers whom in the power of the Holy Spirit are committed to promoting and sharing the truth revealed and demonstrated by the life of Jesus the Christ. CI is a network of believers, pulling together our resources (talents, skills, callings, ministries, finances, etc.) for the general service of the Body of Christ and our local communities.

## Contact Us

✉ [info@candlelightersinternational.org](mailto:info@candlelightersinternational.org)

🌐 [www.candlelightersinternational.org](http://www.candlelightersinternational.org)

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